

## GUIDES CONNECT CHALLENGE 2020

Some ideas to help Guides complete the GUIDES CONNECT Challenge while meeting in new ways ... you will think of many more!



Firstly, remember to ask permission from your family about any form of communication you want to use online. It is important you are safe and think about who else could see what you share.

### At Home and Guides

- Research the water usage of everyday items in your home such as toilet flushing, the dishwasher or washing machine. Brainstorm some ways to reduce/repurpose your water usage and try putting at least one of these ideas in place
- Keep a log of all the plastic waste your house creates for three days. Think of how you could try to reduce this on a daily basis and put them into action
- Go through some items at home and find something you no longer use. Research a way to repurpose this item so it becomes something you or someone else could use
- Create a poster for your fridge reminding everyone what can be recycled and what cannot
- Have a family Olympics with made up games

### For my Country

- Watch an ANZAC DAY commemoration ceremony on tv or online and complete the ANZAC Saluting their Service Commemoration badge
- Pick one of the challenges in the at Home and Guides section and raise awareness about simple changes people can make every day to build a more sustainable world. Take a series of photos, make an infographic or make up a song or a jingle
- Create a photo story about a message you like to share with Australia. Take a series of photos and arrange them to show what you want to say
- Create thank you cards and posters for doctors and nurses working so very hard to help people who are in hospital. Send photos to your unit leaders so they can send them to Girl Guides Australia's facebook page

### In my Community

- Do a random act of kindness virtually or in the real world. Reflect on how it made you feel and consider ways you can continue to support those around you
- Find out about local organisations that support disadvantaged women and do something to support them. E.g. participating in a collection drive, fundraising or raising awareness for their work
- Create a video of you playing an instrument or singing a special song and ask your parent/guardian to help you share it with the Guiding community or your family and friends

### In my World

- Take part in JOTA/JOTI
- Think about how you use the internet and make a list of the positives and negatives. Ask other people you know such as grandparents, parents and compare. Are there somethings you would like to change about your online habits? Challenge yourself to make a change
- Do you have an issue or area of interest you are passionate about? Watch a TED talk about it and share what you learnt
- Organise your own Earth Hour



**GIRL GUIDES**  
**AUSTRALIA**

Get creative by adapting challenges to fit your situation and sharing them with peers.

Consider creating a video, taking photos, writing a journal, keeping a private blog, virtual meetings using teleconferencing or email as mediums to record and share your learning with your Guiding community.