Ballarat District – 100 Years of Guiding

Any activities completed for this challenge can also be used for any other Guiding badgework if the other badgework criteria is met.

COMPULSORY

Do 100 acts of kindness.

Because kindness is important, you could do any of the below or anything else that you think shows kindness to someone else. You can keep track of your acts of kindness on the chart provided.

- Write a letter or card to a loved one or a friend
- Do a favour without wanting something in return
- Do something to help your teacher/s or school
- Do something to help the environment
- Help someone less fortunate than you
- Say thank you to someone special in your life, and share with them one of your favourite memories with them
- Do something in/around your home that you don't normally do

OPTIONAL

List five qualities that you think best describes yourself and identify ways in which you demonstrate these in your daily life. (You could refer to the Guide Promise and Guide Law to help with this.)

The Australian population is made up of many different cultures. Find out what cultures can be found in Ballarat. Participate in or do an activity related to one of these cultures. (This could be a craft, cooking, dance, song, game, traditional way of dress, invite someone from that culture to visit your Unit, etc.)

Find out what else was happening in Ballarat 100 years ago, and share this with your Patrol or Unit.

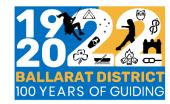
Give service to and/or fundraise for a Ballarat organisation.

Try a new Guiding skill. (This could help your preparations for camp, etc.)

Hold a dress-up party to help fundraise for a Ballarat charity.

With your Unit or Patrol, plan and run a 100th Birthday Party. Who would you invite, what games would you play, how would the birthday cake be designed?

Develop a photo collage of Girl Guides doing activities.



Write a poem or story about a Guiding experience you have had or a Guide in the 1920s might have had.

Write and sing a new campfire song.

Participate in 2 Ballarat Centenary celebrations; which may include tree planting at Lingbogol; Region Rally (20 November); World Thinking Day (22 February); or a Unit activity that celebrates our Centenary.

Find out about an activity that Guides would have done at a Unit meeting in the 1920s and try this in your Unit. Is it still relevant today?

Create a game that helps other Guides learn about Guiding.

"The aim of Girl Guides is to get girls to learn how to be women – self-helpful, happy, prosperous, and capable of keeping good homes and of bringing up good children." This statement comes from the first Girl Guide Handbook. Discuss how this makes you feel and whether this statement is still true today.

Identify what Guides wore as uniform in 1922. Discuss why they wore this uniform. Compare it to what we wear today. Would the 1922 uniform still be relevant today? What do you think Guides in 50 years' time might be wearing?

Make a Guide time capsule, to be opened in 50 years' time. What would you include to represent Guiding and living in Ballarat now?

Hold a picnic with Agnes Baden-Powell. Learn about what hobbies Agnes liked doing and have a go/learn about one of these during your picnic.

Interview a former Guide/Guide Leader from Ballarat and find out about her time in Guiding. Did she do similar activities to you? What was her highlight of Guiding?

Identify 5 things that you like/love about living in Ballarat. How could you promote these to girls and young women who have just moved to Ballarat?

Use this chart to record your 100 Acts of Kindness

