

# STEM Like a Girl

State STEM Camp for Guides aged 13½-17 at Deakin University, School of Engineering Monday 20 to Wednesday 22 January 2020



#### What

STEM camp is a two-night indoor camp for Guides aged 13½ - 17 years with an interest in science, technology, engineering, and maths. This camp is designed to give Guides an opportunity to try out a wide range of STEM-related activities in a formal STEM-focussed learning environment. Lunch on Wednesday will be hosted by the School of Engineering and enable Guides to meet professional women in a variety of STEM-related fields.

This camp is partially funded by a STEM Grant awarded to Girl Guides Victoria by the Department of Industry, Innovation and Science (Federal Government) to encourage girls' participation in STEM education.

When: 10.00 am Monday 20 January to 2.30 pm Wednesday 22 January 2020

Where: Deakin University, Geelong Waurn Ponds campus.

Accommodation will be within residential accommodation on campus, and the camp program will be based from the School of Engineering.

Cost: \$80

Enquiries: support@guidesvic.org.au or (03) 8606 3500

# How to Register

Registrations are strictly online at www.guidesvic.org.au

Please have your Guide's login details (member ID and password), dietary requirements, and any information about special needs. If you do not receive an email acknowledging receipt of your registration, please contact <a href="mailto:support@guidesvic.org.au">support@guidesvic.org.au</a> or call (03) 8606 3500 as soon as possible.

Registrations close at 11.59 pm on Monday 16 December 2019 or when capacity is reached

As volunteers assess each registration to plan for the camp, late registrations cannot be accepted.

#### Arrival

#### Arrival at STEM camp is...

From 9.30 am to 10.00 am on Monday 20 January at CADET (School of Engineering), Deakin University, Geelong Waurn Ponds (see map).

## Signing in at camp

On arrival, Guides will be directed to the sign-in area with all their bags. Accompanying adults will need: to sign the Guides in; hand in Health Forms, medications, and health management plans; and then say goodbye.

#### **Departure**

STEM camp ends at 2.30 pm on Wednesday 22 January.

Departure should take place between 2.30 pm and 2.45 pm at the Waurn Ponds Estate (part of the University campus).

Adults MUST sign out any Guides they are picking up. Please remember to pick up any medication as required.

#### **Conditions of Attendance**

All participants must be current members of Girl Guides Victoria.

STEM Like a Girl camp is designed for girls to attend the entire camp. While exceptional circumstances may be considered, late arrival or early departure is not generally possible.

To run a safe and fun camp, and accommodate as many special needs as possible, our staffing ratios are planned out in advance. Events are designed and run by trained volunteers who often need time off work to support the event; we generally cannot add staff at the last minute. In this light, it is a condition of attendance that any medical needs or special support needs be made clear to us on application. If your Guide arrives at the event with a special need that was not disclosed and planned for in advance, or would change our support ratios, your Guide may not be able to stay at camp and may be sent home with you. To avoid any disappointment at the last minute, please ensure that we know everything we need to know about your Guide on application.

Leaders will contact parents/guardians to follow up with identified special needs, allergy management, and general health plans noted on application to ensure all girls have the best possible camp experience.

# At Camp

# Getting to Camp

Parents/Guardians are responsible for getting their Guide to camp.

#### Food

Guides are required to bring a snack and lunch for Monday 20 January. No other food should be brought to camp. We will provide plenty of great food at camp for everyone.

## **Bedrooms & Beds**

Sleeping arrangements at camp consists of two accommodation blocks, with each Guide and Leader allocated an individual room. Each room comprises of a single bed. Prior to the start of camp, all girls will be assigned a room. It will be expected that each Guide is responsible for her belongings in her room. There will be two Leaders in each accommodation block. Bathrooms are shared. There are communal living and dining areas in each block.

#### Supervision

Supervision will follow Girl Guides Victoria's standard staffing ratios for overnight activities.

## **Behaviour Support and Management**

As a Girl-Led organisation, we believe that jointly developing an understanding of what the camp rules are is important. At the beginning of the camp, the Guides and Leaders will work collaboratively to establish agreed behaviour guidelines. An inclusive and positive participant interaction will be encouraged and fostered amongst all attendees. Whilst we will endeavour to avoid the situation, if a Guide cannot abide by the agreed group guidelines and this is having a significant impact on the camp experience for her and others, she may be asked to return home at her parent's expense.

Deakin University also has expectations on behaviour and wearing suitable clothing in its laboratories. If a Guide cannot abide by these requirements, she may be asked to return home at her parent's expense.

#### Parent Contact

Post-registration, you will be provided with a contact mobile number for camp. If you need to make contact during camp, please ring this contact number. Be aware that Leaders will be working closely with the Guides and don't always hear their phones.

If your Guide carries a mobile phone, please refrain from contacting her during camp as it may cause her or other Guides to feel homesick.

## Mobile Phones/ Technology/ Valuables

If a mobile phone is brought to camp, we ask that this be put away during activities unless useful for the activity. We ask that electronic games and other devices stay at home. There are **no** safes in the bedrooms.

Cameras are not permitted in bedrooms and are held at the Guide's own risk. Girl Guides Victoria cannot monitor or take responsibility for photos that participants may take and publish themselves.

## Pocket Money

There is no need for pocket money at camp, and we ask that it be left at home.

# Health & Wellbeing

It is important for all camp participants to come to camp healthy and well. If your Guide is not well, please inform the contact Leader immediately to discuss your Guide's participation.

## First Aid

The staff at camp include a trained, designated First Aider to attend to basic first aid needs and minor mishaps. If in her opinion your Guide becomes too ill to remain at camp, you will be contacted on the emergency number you provided to arrange for a pick-up.

# Medication & Management Plans

All personal medication must be handed in on arrival at camp with the First Aider. Medication should be in its original packaging, in a snap-lock bag, and labelled with the Guide's name and dosage instructions. For her protection, no medication, including analgesics, will be given unless it is registered in this way. All medication must be itemised on the 'Health Form' (to be emailed out prior to camp) handed in on arrival. You must also bring a current management plan for any medical, mental health, or wellbeing concerns listed on the Health Form (e.g. asthma, anaphylaxis, Autism Spectrum Disorder or Asperger's, anxiety, etc.).

Medications can be collected at the end of camp from the First Aider.

## Allergy & Dietary Management

Please provide detailed information on any allergies or dietary requirements your Guide has on the Health Form, and review these at sign-in with the First Aider. Please be specific about food or allergies that cause anaphylaxis, as distinct from food intolerances and preferences. Leaders manage on average 15 types of allergy or food intolerance at each camp and it is critical we have the right information and understand the severity and treatment for any allergy.

# Camp Courtesy

As with all Guide events, we expect that all participants will live by the Guide Promise and Law throughout the camp. This includes working as a team member, helping out, and looking after one another.

We expect that all participants will:

- Challenge themselves to try new things
- Take responsibility for themselves and their possessions
- Treat others, their possessions, and themselves with care and consideration
- Remain with the group and within the boundaries of each camp or activity site
- Respect each other and the environment

#### **Bedtime**

A key part of camp courtesy is bedtime, which enables all Guides to rest sufficiently, and provides a small window of time for volunteer Leaders to regroup and prepare for the next day. Guides will be advised of this on settling into camp, however it may vary slightly depending on each day's activities.

**Please wear your Guide uniform.** It makes for much better photographs and has been designed for active use. Above all, Guides need to be dressed for the weather conditions and wear sturdy shoes.

It is recommended that your Guide pack her own bags, so that she knows where to find things.

In a small backpack Guides can carry by themselves	
Heath Form, medication, care plan	To be handed in upon arrival at camp
Waterproof jacket	Must be waterproof with a hood, and is recommended to be long enough to sit on
Small torch and spare batteries	
Lunch and snack for morning tea	For Monday only
Water bottle	At least 600ml, and pre-filled with water
Personal sunscreen & insect repellent	Please no sprays/aerosols
Sun hat	Preferably wide brimmed
In a large bag Guides can carry or push by themselves	
Pillow	
Sleeping bag	
Blanket	Preferably wool (for fire safety reasons)
Inner sheet	OPTIONAL
Towel	
Toothbrush and toothpaste	
Hairbrush and hair ties	As necessary – hair at camp needs to be tied up
Sanitary items	If required
Pants, jeans, track suit pants	
T-shirts (3)	Must have sleeves, and collared is preferred
Warm jumper (1)	
Socks (4 pairs)	
Underpants (4 pairs)	
Pyjamas	
Nice outfit	For lunch on Wednesday
1 pair of shoes and one spare pair of shoes	Must be closed-in for activities in labs
Slippers	OPTIONAL
Book to read	OPTIONAL

Please remember to label all items, as this makes returning lost property so much easier!