



GIRL GUIDES  
AUSTRALIA  
VICTORIA

# JAMBORELLA IMAGINARIUM

Friday 27 September to Wednesday 2 October 2019

Britannia Park & Lingbogol



Jamborella Imaginarium provides an opportunity for Girl Guides to participate in the wider Guiding community while developing lifelong friendships, building confidence and independence, and taking part in a varied and engaging program in the outdoors.

State Camps are an incredible place for Guides to come into their own. State Camps leave Guides with memories of laughter and overcoming challenges that will last a lifetime.

Supported by our qualified and experienced Guide Leaders, State Camps are a place for Guides to step out of their comfort zones. Guides can challenge themselves beyond their familiar Unit environment and learn new skills while experiencing one of our beautiful bush campsites.

Imaginarium aims to be a fun and friendship filled experience which leaves Guides happy and chatting the whole way home from camp in the car.

**What:** Jamborella is a two-night, indoor camp designed for Guides aged 5-9. Jamborella is packed full of adventure, fun, and new experiences. The camp is designed to support girls in their early experiences away from home for multiple nights, build self-confidence, and give them experience making new friends quickly.

**When:** 10.30 am Friday 27 September to 2.00 pm Sunday 29 September

**Where:** This year there are two different locations for Jamborella. Guides can attend any camp, in whichever location is of interest. Guides register as 'individuals' - without their Unit Leaders.

- Britannia Park Girl Guide Campsite, 210 Britannia Creek Road, Wesburn
- Lingbogol Girl Guide Campsite, 16 Geddes Road, Creswick

**Cost:** \$200 per Guide

This includes all accommodation, food, activities, and volunteer expenses. All Guide camps are staffed by experienced, trained volunteer Guide Leaders who donate their time at no cost.

There is no need for pocket money at Jamboree, and we ask that it is left at home.

**Registration:** Online at: [www.guidesvic.org.au](http://www.guidesvic.org.au)

There are two different Jamboree campsites in 2019: Britannia Park and Linbogol. Each campsite is a different event on the Girl Guides Victoria website. Please ensure that you register your Guide for the correct camp site.

Before you register, you will need:

- Your Guide's login details (youth member ID and password)
- Information about dietary, health, and special needs
- Your Guide's t-shirt size (see instructions below)

Please ensure you provide as much detail as possible about your health needs to ensure the Jamborella Leadership Team can best support your Guide whilst at camp.

Our team of volunteers needs to assess each registration to plan for the camp and, as you would appreciate, late registrations are very disruptive and therefore will not be accepted.

**Registrations close on Monday 19 August 2019**

## Enquiries

If you have any questions about the event, please contact [jamborella@guidesvic.org.au](mailto:jamborella@guidesvic.org.au)

If you have any questions about registration process or do not receive an email acknowledging receipt of your registration, please contact [support@guidesvic.org.au](mailto:support@guidesvic.org.au) or call 8606 3500.

## Getting to camp

Further information about how to get to camp will be sent to you once registrations have closed.

## Arrival

Arrival is between 10.30 am and 11.00 am on Friday 27 September 2019. We ask that all parents leave the campsite by 11.15 am.

On arrival, Guides will be directed to the sign-in area with all their gear. Accompanying adults will need to sign the Guides in and hand in Health Forms, health management plans, and medication as required.

## Departure

Jamborella ends at 2.00 pm on Sunday 29 September 2019. Departure should take place between 2.00 pm and 2.30 pm on this day.

**Adults must sign out any Guides that they are picking up.** Don't forget to pick up medication before leaving.

## Conditions of Attendance

All participants must be current members of Girl Guides Victoria. You are welcome to attend 'on your own', that is without Leaders or other Guides from your regular Unit. The event is designed and planned for everyone to attend the *entire* camp. Whilst exception circumstances may be considered, late arrival or early departure is not generally possible.

# Health & Wellbeing

## First Aid

The staff at each campsite include a trained, designated First Aider to attend to basic first aid needs and minor mishaps. If, in her opinion, your Guide becomes too unwell to remain at camp, you will be contacted on the emergency number you provided to arrange for a pick up.

To run a safe and fun camp, and accommodate as many special needs as possible, our staffing ratios are planned out in advance. Events are designed and run by trained volunteers who often need time off work to support the event; we generally cannot add staff at the last minute. In this light, it is a condition of attendance that any medical needs or special support needs be made clear to us on registration. If your Guide arrives at the event with a special need that was not disclosed and planned for in advance, or would change our support ratios or training requirements, your Guide may not be able to stay at the camp and may be sent home with you. To avoid any disappointment at the last minute, please ensure that we know everything we need to know about your camper on application.

Camp staff will contact parents/guardians to follow up with identified special needs, allergy management, and general health plans noted on application to ensure all Guides have the best possible camp experience.

## Medication & Management Plans

Upon sign-in, you must provide the event First Aider with a copy of your Guide's current plan for any medical condition listed on the Health Form (e.g. asthma, anaphylaxis, anxiety, depression, Autism Spectrum Disorder).

All personal medication (except asthma puffers and Epipens) must be handed in upon sign-in (this includes analgesics such as paracetamol and ibuprofen)

- Medications must be in original packaging and in a snaplock bag clearly labelled with the Guide's full name and dosage instructions
- Medications must be itemised clearly on the Health Form

Please note that Girl Guides Victoria Volunteers are not permitted to issue any medication to participants without permission from a parent or guardian. This means that even if your child doesn't always need the medication (such as pain relief for headaches or cramps), it's always a good idea to send it anyway so we have permission and access should we need to administer it. Medications should be collected at the end of the event from the First Aider.

## Allergy & Dietary Management

To assist our catering team, please list all allergies and dietary needs upon registration so that we can plan to meet your Guide's individual needs. Please include any foods that your Guide absolutely will not eat.

Please be specific about food or allergies that cause anaphylaxis, distinct from food intolerances and preferences. Leaders manage on average 15 types of allergy or food intolerance at each camp and it is critical we have the right information and understand the severity and treatment for any allergy.

## Self Care Expectations

In line with our Girl Guides Victoria Child Safety Framework, Guide Leaders are expected to respect the privacy of all girls and allow them to shower, dress, and manage personal hygiene without adult supervision.

We strongly recommend that Guides practice this at home — particularly turning on and adjusting showers, drying off, and brushing teeth. Showers at camp include those with a mixer tap and older style hot/cold taps.

## Supervision/Leaders

Supervision of Guides will fall in line with Girl Guides Australia's staffing ratios for overnight activities. Each Jamborella campsite will have a minimum of 6 Leaders.

Guide Leaders all hold a current Working with Children Check, and have completed Child Safe Training.

## Behaviour Support and Management

As a Girl-Led organisation, we believe that jointly developing an understanding of what the camp rules are is important. At the beginning of the camp, the Guides and Leaders will work collaboratively to establish agreed behaviour Guidelines. An inclusive and positive participant interaction will be encouraged and fostered amongst all attendees.

Trained Leaders will be available at all times to work through and reflect on any issues which may arise. Whilst we will endeavour to avoid the situation, if a Guide cannot abide by the agreed group Guidelines and this is having a significant impact on the camp experience for her and others, she may be asked to return home at her parent's expense.

## Parent Contact

While being away from home can present some challenges for Guides, it's also a wonderful opportunity for girls to develop their skills of independence. It is for this reason that the camp staff will manage all communication on camp. If there's something important going on at home, you're more than welcome to contact us and we'll arrange a time for you to speak with your Guide. Likewise, we'll make sure that if your Guide needs to speak with you, that we arrange this contact.

Post-registration, you will be provided with a contact mobile number for your campsite. If you need to make contact with your Guide while she's at camp, or pass on any information, please ring this contact number. Be aware that many of our campsites have extremely limited mobile phone reception.

## Camp Courtesy

We would appreciate you taking the time to discuss the camp expectations with your Guide prior to her attending Jamborella. This will support her and the Leaders have a shared understanding of expectations at camp. You may also wish to discuss the event with your Guide's local Unit Leader to understand how best to prepare her. Often local Unit Leaders have been to the campsite or have taken girls this age on camp before. Jamborella camps are staffed by trained volunteers who are unlikely to come from your Guide's Unit, so please ensure she understands this aspect of camp.

As with all Girl Guide Events, we expect that all participants will live by the Guide Promise and Law throughout the camp. This includes working as a team member, helping out, and looking after one another.

We expect that all participants will:

- Live by the Guide Promise and Guide Law
- Challenge themselves to try new things
- Take responsibility for themselves and their possessions
- Treat others, their possessions, and the environment with respect, care, and consideration
- Practice openness and honesty
- Be present in the moment
- Remain with the group and within the boundaries of each camp or activity site

## Bedtime

A key part of camp courtesy is bedtime, which enables all Guides to rest sufficiently, and provides a small window of time for volunteer Leaders to regroup and prepare for the next day. At Jamborella, bedtime routine starts at 8.00 pm, with final 'lights out' at 9.00 pm.

All Guides and Leaders will be encouraged to get a good night's sleep. If any Guide is tired, she will be encouraged to take time out during the day and have a rest, and will be offered to opportunity to go to bed earlier than the designated time. Please engage your Guide in a conversation about how important it is to get some sleep, and to respect the other girls' need for sleep and rest. **Cranky Guides make for cranky camp!**

## Sleeping Arrangements

Each campsite has a different layout and configuration of beds. Prior to the start of camp, all girls will be assigned a bedroom and a specific bed. During the registration process you will be asked about sleeping arrangements. This will allow us to understand what the normal sleeping arrangements for your Guide are to support her, but we won't be able to replicate her home sleep environment.

We will endeavour to place each Guide in a bedroom with at least one other member of her Guide Unit, if others from her Unit are attending. Please note it may not be possible for us to place all Guides from the same Unit into the same bedroom. Remember: camp is also about making new friends!

At Girl Guides, our Child Protection Policy requires that Leaders have designated sleeping areas separate to the girls. For this camp, Leaders will be in the same 'house' but in separate rooms.

## Mobile phones/Technology/Valuables

Jamborella is designed as an opportunity to get to know others, enjoy fun activities and experience the outdoors. Therefore, there is no need for electronic devices at this camp. We ask that mobile phones, electronic games and other devices stay at home.

Cameras are permitted outside only, and are held at the Guide's own risk. Girl Guides Victoria cannot monitor or take responsibility for photos that participants may take and publish themselves.



## Food

We ask that Guides **do not** bring any food to camp. Some Guides attending camp will have food allergies and it is important that they are not unintentionally impacted. Our catering team are planning a delicious menu and all meals will be provided for Guides. It is a priority of ours that all campers are well fed!

## Choosing a T-shirt Size

When you register for Jamborella you will need to select a t-shirt size. Please see below for the size chart for both **kids** and **adult** sized t-shirts:

### Sizing

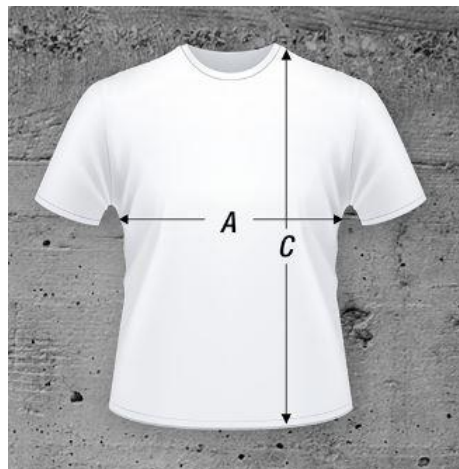
<b>KIDS</b>	<b>2</b>	<b>4</b>	<b>6</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14</b>
<b>CHEST</b>	34.5	37.5	40.5	43.5	46	48.5	51
<b>SP LENGTH</b>	44	48	52	56	60	64	67

### Sizing

<b>ADULTS</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>2XL</b>	<b>3XL</b>	<b>4XL</b>	<b>5XL</b>	<b>6/7XL</b>	<b>8/9XL</b>
<b>CHEST</b>	53.5	56	58.5	61	63.5	66.5	70	73.5	80.5	87.5
<b>SP LENGTH</b>	70	72.5	75	77.5	80	81	82	83	87	90

**Chest** can be measured by measuring across the front of the Guide's most comfortably fitting t-shirt, 2cm below the arm hole (measurement **A** on the image below).

**SP, or shoulder point length** can be measured by measuring from the top of the Guide's most comfortable fitting t-shirt next to the neck hole to the bottom of the shirt (measurement **C** on the image below).





## What to Bring – the ‘Kit List’

It is recommended that Guides do not wear their best clothes. Guides need to be dressed for the weather conditions and wear sturdy shoes. Guide uniform is not required.

Please remember to label all items, as this makes returning lost property so much easier!

It is recommended that bags are packed with your Guide present, so that she knows where to find things in her bag. We suggest packing clothes in zip-lock bags labelled with each day of the week (e.g. Saturday, Sunday), and one labelled ‘Spares’

### In a small backpack Guides can carry themselves...

- Health Form, Health Management Plan, and Medication (as needed) - to be handed in on arrival
- Waterproof jacket - must be waterproof with a hood, recommended to be long enough to sit on
- Small torch and spare batteries
- Water bottle - at least 600ml, pre-filled with water
- Notebook and small pencil case with writing pens/pencils and coloured pencils
- Personal sunscreen & Insect repellent - **please no sprays/aerosols**
- Lip balm
- A ‘sit-upon’ - square of thick plastic, big enough to sit on while on the ground
- A bucket hat or soft hat with a brim
- Book to read - optional
- Second hand book, game, or puzzle to donate to campsite library

### In a large bag your Guide can carry or push herself...

#### Clothing

- |  |  |
|--|--|
| <input type="checkbox"/> Shorts (1 pair) - no short shorts                           | <input type="checkbox"/> Warm jumpers (2)  |
| <input type="checkbox"/> Long pants, jeans, or tracksuit pants (2 pairs)             | <input type="checkbox"/> Long-sleeved t-shirt/skivvy (2)                               |
| <input type="checkbox"/> T-shirts (3) - must have sleeves, and collared is preferred | <input type="checkbox"/> Beanie/Gloves/Scarf (for evening activities and cold weather) |

- Spare pair of sturdy shoes - gumboots/waterproof boots are appropriate
- Pyjamas (warm)
- Slippers

### **Toiletries**

- Towel
- Toothbrush/toothpaste/floss
- Hairbrush and hair ties
- Shower cap
- Body wash/Soap/Shampoo

### **Sleeping Gear**

- Pillow with pillow case
- Sleeping bag
- Camp blanket (preferably wool)

- Dressing gown - optional
- Socks (4 pairs)
- Underpants (4 pairs)
- Dirty clothes bag

- Thongs (for shower only)
- Sanitary items (if required)
- Pull ups (if required) - Girls need to be able to put their pull ups on and take them off independently

- Fitted sheet - single bed sized
- Small teddy/toy (optional)

**Please label everything clearly with your Guide's name!**