

# **JAMBOREE IMAGINARIUM**

# Friday 27 September to Wednesday 2 October 2019 Britannia Park & Lingbogol



Jamboree Imaginarium provides an opportunity for Girl Guides to participate in the wider Guiding community while developing lifelong friendships, building confidence and independence, and taking part in a varied and engaging program in the outdoors.

State Camps are an incredible place for Guides to come into their own. State Camps leave Guides with memories of laughter and overcoming challenges that will last a lifetime.

Supported by our qualified and experienced Guide Leaders, State Camps are a place for Guides to step out of their comfort zones. Guides can challenge themselves beyond their familiar Unit environment and learn new skills while experiencing one of our beautiful bush campsites.

Imaginarium aims to be a fun and friendship filled experience which leaves Guides happy and chatting the whole way home from camp in the car.

# Jamboree Imaginarium is a five night outdoor camp for Guides aged 10 -13 years old.

#### When:

10.00 am Friday 27 September to 1.00 pm Wednesday 2 October 2019

#### Where:

This year there are two different locations for Jamboree. Guides can attend any camp, in whichever location is of interest. Guides register as 'individuals' - without their Unit Leaders.

- Britannia Park Girl Guide Campsite, 210 Britannia Creek Road, Wesburn
- Lingbogol Girl Guide Campsite, 16 Geddes Road, Creswick

# Cost: \$480 per Guide

This includes all accommodation, food, activities, and volunteer expenses.All Guide camps are staffed by experienced, trained volunteer Guide Leaders who donate their time at no cost.

There is no need for pocket money at Jamboree, and we ask that it is left at home.

# Registration: Online at: www.guidesvic.org.au

There are two different Jamboree campsites in 2019: Britannia Park and Lingbogol. Each campsite is a different event on the Girl Guides Victoria website. Please ensure that you register your Guide for the correct camp site.

Before you register, you will need:

- Your Guide's login details (youth member ID and password)
- Information about dietary, health, and special needs
- Your Guide's t-shirt size (see instructions below)

Please ensure you provide as much detail as possible about your health needs to ensure the Jamboree Leadership Team can best support your Guide whilst at camp.

Our team of volunteers needs to assess each registration to plan for the camp and, as you would appreciate, late registrations are very disruptive and therefore will not be accepted.

# Registrations close on Monday 19 August 2019

## Enquiries

If you have any questions about the event, please contact jamboree@guidesvic.org.au

If you have any questions about registration process or do not receive an email acknowledging receipt of your registration, please contact <a href="mailto:support@guidesvic.org.au">support@guidesvic.org.au</a> or call 8606 3500

#### **Getting to camp**

Further information about how to get to camp will be sent to you once registrations have closed.

## Arrival

Arrival is between 10.00 am and 11.00 am on Friday 27 September 2019. We ask that all parents leave the campsite by 11.15 am.

On arrival, Guides will be directed to the sign-in area with all their gear. Accompanying adults will need to sign the Guides in and hand in Health Forms, health management plans, and medication as required.

#### Departure

Jamboree ends at 1.00 pm on Wednesday 2 October 2019. Departure should take place between 1.00 pm and 2.00 pm on this day.

Adults must sign out any Guides that they are picking up. Don't forget to pick up medication before leaving.

### **Conditions of Attendance**

All participants must be current members of Girl Guides Victoria. You are welcome to attend 'on your own', that is without Leaders or other Guides from your regular Unit. The event is designed and planned for everyone to attend the *entire* camp. Whilst exception circumstances may be considered, late arrival or early departure is not generally possible.

# **Health & Wellbeing**

# **First Aid**

The staff at each campsite include a trained, designated First Aider to attend to basic first aid needs and minor mishaps. If, in her opinion, your Guide becomes too unwell to remain at camp, you will be contacted on the emergency number you provided to arrange for a pick up.

To run a safe and fun camp, and accommodate as many special needs as possible, our staffing ratios are planned out in advance. Events are designed and run by trained volunteers who often need time off work to support the event; we generally cannot add staff at the last minute. In this light, it is a condition of attendance that any medical needs or special support needs be made clear to us on registration. If your Guide arrives at the event with a special need that was not disclosed and planned for in advance, or would change our support ratios or training requirements, your Guide may not be able to stay at the camp and may be sent home with you. To avoid any disappointment at the last minute, please ensure that we know everything we need to know about your camper on application.

Camp staff will contact parents/guardians to follow up with identified special needs, allergy management, and general health plans noted on application to ensure all Guides have the best possible camp experience.

### **Medication & Management Plans**

Upon sign-in, you must provide the event First Aider with a copy of your Guide's current plan for any medical condition listed on the Health Form (e.g. asthma, anaphylaxis, anxiety, depression, Autism Spectrum Disorder).

All personal medication (except asthma puffers and Epipens) must be handed in upon sign-in (this includes analgesics such as paracetamol and ibuprofen)

- Medications must be in original packaging and in a snaplock bag clearly labelled with the Guide's full name and dosage instructions
- Medications must be itemised clearly on the Health Form

Please note that Girl Guides Victoria Volunteers are not permitted to issue any medication to participants without permission from a parent or guardian. This means that even if your child doesn't always need the medication (such as pain relief for headaches or cramps), it's always a good idea to send it anyway so we have permission and access should we need to administer it. Medications should be collected at the end of the event from the First Aider.

### Allergy & Dietary Management

To assist our catering team, please list all allergies and dietary needs upon registration so that we can plan to meet your Guide's individual needs. Please include any foods that your Guide absolutely will not eat.

Please be specific about food or allergies that cause anaphylaxis, distinct from food intolerances and preferences. Leaders manage on average 15 types of allergy or food intolerance at each camp and it is critical we have the right information and understand the severity and treatment for any allergy.

#### Supervision/Leaders

Supervision of Guides will fall in line with Girl Guides Australia's staffing ratios for overnight activities. In the case of State Jamboree, this will mean a 1:8 ratio of adults to youth members with a minimum of 3 adults staffing each sub-camp.

Guide Leaders all hold a current Working with Children Check, and have completed Child Safe Training.

#### **Behaviour Support and Management**

As a Girl-Led organisation, we believe that jointly developing an understanding of what the camp rules are is important. At the beginning of the camp, the Guides and Leaders will work collaboratively to establish agreed behaviour Guidelines. An inclusive and positive participant interaction will be encouraged and fostered amongst all attendees.

Trained Leaders will be available at all times to work through and reflect on any issues which may arise. Whilst we will endeavour to avoid the situation, if a Guide cannot abide by the agreed group Guidelines and this is having a significant impact on the camp experience for her and others, she may be asked to return home at her parent's expense.

#### **Parent Contact**

While being away from home can present some challenges for Guides, it's also a wonderful opportunity for girls to develop their skills of independence. It is for this reason that the camp staff will manage all communication on camp. If there's something important going on at home, you're more than welcome to contact us and we'll arrange a time for you to speak with your Guide. Likewise, we'll make sure that if your Guide needs to speak with you, that we arrange this contact.

If you need to make contact with camp staff in an emergency, please phone Girl Guides Victoria on 03 8606 3500 and a message will be passed on as appropriate. Post-registration, you will be provided with a contact mobile number for your campsite. If you need to make contact outside of business hours (9.00 am - 5.00 pm Monday to Friday), please ring this contact mobile number. Be aware that many of our campsites have extremely limited mobile phone reception.

# **Camp Courtesy**

We would appreciate you taking the time to discuss the camp expectations with your Guide prior to her attending Jamboree. This will support her and the Leaders have a shared understanding of expectations at camp. You may also wish to discuss the event with your Guide's local Unit Leader to understand how best to prepare her. Often local Unit Leaders have been to the campsite or have taken girls this age on camp before. Jamboree camps are staffed by trained volunteers who are unlikely to come from your Guide's Unit, so please ensure she understands this aspect of camp.

As with all Girl Guide Events, we expect that all participants will live by the Guide Promise and Law throughout the camp. This includes working as a team member, helping out, and looking after one another.

We expect that all participants will:

- Live by the Guide Promise and Guide Law
- Challenge themselves to try new things
- Take responsibility for themselves and their possessions
- Treat others, their possessions, and the environment with respect, care, and consideration
- Practice openness and honesty
- Be present in the moment
- Remain with the group and within the boundaries of each camp or activity site

### Bedtime

A key part of camp courtesy is bedtime, which enables all Guides to rest sufficiently, and provides a small window of time for volunteer Leaders to regroup and prepare for the next day. All Guides and Leaders will be encouraged to get a good night's sleep. If any Guide is tired, she will be encouraged to take time out during the day and have a rest, and will be offered to opportunity to go to bed earlier than the designated time. Please engage your Guide in a conversation about how important it is to get some sleep, and to respect the other girls' need for sleep and rest. **Cranky Guides make for cranky camp!** 

# **Sleeping Arrangements**

Guides will be sleeping in tents with other Guides in subcamps. You will be notified of your subcamp placement once registrations have closed. We will endeavour to place each Guide in a tent with at least one other member of their Guide Unit, if others from her Unit are attending.

While Leaders will also sleep in the subcamp, they will be in their own separate tents as per the Girl Guides Victoria Child Safety Framework.

#### Weather Plans

Should we need to use them, we have a range of contingency plans in place to make sure all Guides remain safe and in good spirits in the event of extreme weather. If deemed necessary, Guides will be moved out of tents and under cover. If required, alternative activities will be provided. Don't forget to pack a sturdy raincoat just in case!

# Mobile phones/Technology/Valuables

Jamboree is a great opportunity to spend time with new and old friends, and enjoy all the amazing experiences on offer. We therefore discourage Guides from bringing phones or other electronic devices to camp. As Guides are camping in tents, there will be not be opportunities to charge the devices.

Cameras are permitted to be used in outside spaces only and Girl Guides Victoria hold no responsibility for any valuable items brought to camp, nor the publication or distribution of photos taken by campers at the event. In addition, we encourage the girls to embrace this opportunity to be present with the other campers.

#### Food

We ask that Guides **do not** bring any food to camp. Some Guides attending camp will have food allergies and it is important that they are not unintentionally impacted. Our catering team are planning a delicious menu and all meals will be provided for Guides. It is a priority of ours that all campers are well fed!

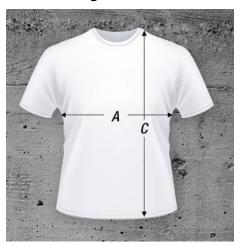
### Choosing a T-shirt Size

When you register for Jamboree you will need to select a t-shirt size. Please see below for the size chart for both **kids** and **adult** sized t-shirts:

Sizing										
KIDS		2		4	6		8	10	12	14
CHEST		34.5		37.5	40.	5 4	3.5	46	48.5	51
SP LENGTH		4	4	48	52	5	56	60	64	67
Sizing										
ADULTS	S	M	L	XL	2XL	3XL	4XL	5XL	6/7XL	8/9XL
CHEST	53.5	56	58.5	61	63.5	66.5	70	73.5	80.5	87.5
<u>SP</u> LENGTH	70	72.5	75	77.5	80	81	82	83	87	90

**Chest** can be measured by measuring across the front of the Guide's most comfortably fitting t-shirt, 2cm below the arm hole (measurement **A** on the image below).

**SP, or shoulder point length** can be measured by measuring from the top of the Guide's most comfortable fitting t-shirt next to the neck hole to the bottom of the shirt (measurement **C** on the image below).



### What to Bring – the 'Kit List'

It is recommended that Guides do not wear their 'best clothes'.

Guides need to be prepared for all weather conditions, and wear sturdy shoes.

Please remember to label all items, as this makes returning lost property so much easier!

#### In a small backpack Guides can carry themselves...

- Health Form, Health Management Plan, and Medication (as needed) to be handed in on arrival
- Waterproof jacket must be waterproof with a hood, recommended to be long enough to sit on
- Small torch and spare batteries
- □ Water bottle at least 600ml, pre-filled with water
- □ Notebook and small pencil case with writing pens/pencils and coloured pencils
- □ Personal sunscreen & Insect repellent please no sprays/aerosols
- □ Lip balm
- A 'sit-upon' square of thick plastic, big enough to sit on while on the ground
- □ A bucket hat or soft hat with a brim
- Book to read optional
- □ Second hand book, game, or puzzle to donate to campsite library
- Plain white canvas shoes to be decorated at camp

Dilly Bag/Mess Kit/Plate Bag - in a drawstring bag					
Large plate (2)	Desert spoon				
Side plate	Teaspoon				
Bowl (2)	Teatowels (3)				
🖵 Cup	Chux (2)				
Knife	Lunch box - large enough to put a				
Fork	sandwich/roll and snacks in				

#### In a large bag your Guide can carry herself...

#### Clothing

- □ Shorts (1 pair) no short shorts
- Long pants, jeans, or tracksuit pants (3 pairs)
- Guide Polo top & Guide hoodie/fleece (to be worn on Monday for off-site activity)
- T-shirts (3) must have sleeves, and collared is preferred
- □ Warm jumpers (2)
- Long-sleeved t-shirt/skivvy (2)
- Beanie/Gloves/Scarf (for evening activities and cold weather)

#### Toiletries

- Towel
- □ Toothbrush/toothpaste/floss
- Hairbrush and hair ties
- □ Shower cap

- Spare pair of sturdy shoes (in addition to shoes worn to camp) gumboots/waterproof boots are appropriate
- Pyjamas (warm)
- □ Socks (7 pairs)
- Underpants (7 pairs)
- Set of clothes/shoes that can be destroyed
- Garbage bags (2)
- Dirty clothes bag
- Body wash/Soap/Shampoo
- □ Thongs (for shower only)
- □ Sanitary items (if required)
- Sleeping Gear May be made up into a separate bed roll
- □ Pillow with pillow case
- Sleeping bag suitable for outdoors
- Ground sheet/Tarp
  - If making a bedroll: rope to tie it up
  - □ Small teddy/toy (optional)

- Sleeping mat
- Camp blanket & additional blanket (preferably wool)

#### Please label everything clearly with your Guide's name!