



GIRL GUIDES  
AUSTRALIA  
VICTORIA

# Jamborella 2018

## Time Travel Adventure

State Camp for Guides aged 5-9  
Join us at one of our three sites across Victoria!



## The Basics

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### What

Jamborella is a two night indoor camp designed for Guides aged 5-9. Jamborella is packed full of adventure, fun, and new experiences. The camp is designed to support girls in their early experiences away from home for multiple nights, to build self-confidence, and to give them experience making new friends quickly.

This year Jamborella is going on a “Time Travel Adventure” - with a focus on local and Guiding history, Guiding traditions, and fun activities and games. Guides will practice their basic camping skills while participating in activities such as outdoor cooking, code cracking, ‘old-school’ Guiding traditions, scavenger hunts, and more!

**When & Where:** This year there are three different locations for Jamborella. Guides can attend any camp, in whichever location is of interest. Guides register as ‘individuals’, that is, without their Unit Leaders.

#### *Britannia Park, Wesburn*

Saturday 22 September - Monday 24 September

#### *Lingbogol, Creswick*

Friday 28 September - Sunday 30 September

#### *Rowallan, Riddles Creek*

Friday 28 September - Sunday 30 September

**Cost:** \$180 (covers accommodation, food, camp activities, and volunteer expenses). All Guide camps are staffed by experienced and trained volunteer Guide Leaders who donate their time at no cost.

### Enquiries

Enquiries regarding registration and payment: [support@guidesvic.org.au](mailto:support@guidesvic.org.au) or (03) 8606 3500

Enquiries regarding camp activities and plans, transport, or health matters: [program@guidesvic.org.au](mailto:program@guidesvic.org.au)

## How to Apply

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Registrations are strictly online. **Visit [www.guidesvic.org.au/UpcomingEvents](http://www.guidesvic.org.au/UpcomingEvents)**

There are three different Jamborella sites in 2018. Each site is a different event on the Girl Guides Victoria website. Please ensure that you register your Guide for the correct site.

Please have your Guide’s login details (member ID and password), dietary requirements, and any information on special needs your Guide may have at hand.

If you do not receive an email acknowledging receipt of your application, please contact [support@guidesvic.org.au](mailto:support@guidesvic.org.au) or call (03) 8606 3500 as soon as possible.

**Registrations close on Monday 3 September 2018**

As volunteers assess each registration to plan for the camp, late registrations cannot be accepted.

## Conditions of Attendance

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All participants must be current members of Girl Guides Victoria.

Jamborella is designed for youth to attend the entire camp. While exceptional circumstances may be considered, late arrival or early departure is not generally possible.

To run a safe and fun camp, and accommodate as many special needs as possible, our staffing ratios are planned out in advance. Events are designed and run by trained volunteers who often need time off work to support the event; we generally cannot add staff at the last minute. In this light, it is a condition of attendance that any medical needs or special support needs be made clear to us on application. If your Guide arrives at the event with a special need that was not disclosed and planned for in advance, or would change our support ratios or training requirements, your Guide may not be able to stay at camp and may be sent home with you. To avoid any disappointment at the last minute, please ensure that we know everything we need to know about your Guide on application.

Camp Leaders will contact parents/guardians to follow up with identified special needs, allergy management, and general health plans noted on application to ensure all girls have the best possible camp experience.

## At Camp

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### Getting to Camp

Jamborella 2018 is held across three sites around Victoria. Further information about how to get to camp, and arrival times, will be sent to you post-registration.

### Food

Guides are not permitted to bring any food to camp. There will be Guides attending with allergies, and we would hate for their enjoyment to be unintentionally impacted by someone else's 'treat.' We will provide plenty of great food at camp for everyone.

### Bedrooms & Beds

Each campsite has a different layout and configuration of beds. Prior to the start of camp, all girls will be assigned a bedroom and a specific bed. During the registration process you will be asked about sleeping arrangements. This will allow us to understand what the normal sleeping arrangements for your Guide are to support her, but we won't be able to replicate her home sleep environment.

We will endeavour to place each Guide in a bedroom with at least one other member of her Guide Unit if others from her Unit are attending. Please note it may not be possible for us to place all Guides from the same Unit into the same bedroom. Remember: camp is also about making new friends!

**At Girl Guides, our Child Protection Policy requires that Leaders have designated sleeping areas separate to the girls. For this camp, Leaders will be in the same 'house' but in separate rooms.**

### Supervision

Supervision will follow Girl Guides Victoria's standard staffing ratios for overnight and adventurous activities. Each site will have a minimum of six Leaders.

### Behaviour Support and Management

As a Girl-Led organisation, we believe that jointly developing an understanding of what the camp rules are is important. At the beginning of the camp, the Guides and Leaders will work collaboratively to establish agreed behaviour guidelines. An inclusive and positive participant interaction will be encouraged and fostered amongst all attendees. Trained staff will be available at all times to work through and reflect on any issues that may arise. Whilst we will endeavour to avoid the situation, if a Guide cannot abide by the agreed group guidelines and this is having a significant impact on the camp experience for her and others, she may be asked to return home at parent's expense.

## *Parent Contact*

Post-registration, you will be provided with a contact mobile number for your campsite. If you need to make contact after hours (outside of 9.00 am-5.00 pm Monday to Friday), please ring this contact number. Be aware that many of our campsites have extremely limited mobile phone reception. Contact during business hours is with Girl Guides Victoria on 03 8606 3500 and a message will be passed on as appropriate.

## *Mobile phones/ Technology/ Valuables*

Jamborella is designed as an opportunity to get to know others, enjoy fun activities and experience the outdoors. Therefore, there is no need for electronic devices at this camp. We ask that mobile phones, electronic games, and other devices stay at home.

Cameras are not permitted in bedrooms/sleeping areas, and are held at the Guide's own risk. Girl Guides Victoria cannot monitor or take responsibility for photos that participants may take and publish themselves.

## *Pocket Money*

There is no need for pocket money at Jamborella, and we ask that it be left at home.

## *Health & Wellbeing*

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### *First Aid*

The staff at each campsite includes a trained, designated First Aider to attend to basic first aid needs and minor mishaps. If in her opinion your Guide becomes too ill to remain at camp, you will be contacted on the emergency number you provided to arrange for a pick up.

### *Medication & Management Plans*

All personal medication must be handed in on arrival at Jamborella with the First Aider. Medication should be in its original packaging, in a snap-lock bag, and labelled with the Guide's name and dosage instructions. For her protection, no medication, including analgesics, will be given unless it is registered in this way. All medication must be itemised on the 'Health Form' (to be emailed out prior to camp) handed in on arrival. You must also bring a current management plan for any medical, mental health, or wellbeing concerns listed on the Health Form (e.g. asthma, anaphylaxis, Autism Spectrum Disorder or Asperger's, anxiety, etc.).

Medications can be collected at the end of Jamborella from the First Aider.

### *Allergy & Dietary Management*

Please provide detailed information on any allergies or dietary requirements your Guide has on the Health Form, and review these at registration with the First Aider. Please be specific about food or allergies that cause anaphylaxis, distinct from food intolerances and preferences. Leaders manage on average 15 types of allergy or food intolerance at each camp and it is critical we have the right information and understand the severity and treatment for any allergy.

### *Self-Care Expectations*

In line with our Child Protection Policy, Guide Leaders are expected to respect the privacy of all girls and allow them to shower, dress, and manage personal hygiene without adult supervision. We strongly recommend for younger girls that they practice this at home - particularly turning on and adjusting showers, drying off, and brushing teeth. Showers at camp include those with a mixer tap and older style hot/cold taps.

## Camp Courtesy

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We would highly appreciate you taking the time to discuss the camp expectations with your Guide prior to her attending Jamborella. This will support her and the Leaders in a shared understanding of expectations at camp. You may also wish to discuss the event with your Guide's local Unit Leader to understand how best to prepare her. Often local Unit Leaders have been to the campsite or have taken girls this age on camp before.

All Jamborella camps are staffed by trained volunteers who are unlikely to come from your Guide's Unit, so please ensure she understands this aspect of camp.

As with all Girl Guide events, we expect that all participants will live by the Guide Promise and Law throughout the camp. This includes working as a team member, helping out, and looking after one another.

We expect that all participants will:

- Challenge themselves to try new things
- Take responsibility for themselves and their possessions
- Treat others, their possessions, and themselves with care and consideration
- Remain with the group and within the boundaries of each camp or activity site
- Respect each other and the environment

### Bedtime

A key part of camp courtesy is bedtime, which enables all Guides to rest sufficiently, and provides a small window of time for volunteer Leaders to regroup and prepare for the next day. Bedtime routine will start at 8.00 pm, with final 'Lights Out' at 9.00 pm. All girls and staff will be encouraged to get a good night's sleep. If any Guide is tired, she will be encouraged to take time out during the day and have a rest, and will be offered to opportunity to go to bed earlier than the designated time.

Please engage your Guide in a conversation about how important it is to both get sleep herself, and respect the other girls' need for sleep and rest. Cranky Guides make for cranky camp!

## Arrival

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### **Arrival at Jamborella is...**

Between 10.00 am and 11.00 am on Saturday 22 September 2018 for Britannia Park

Between 10.00 am and 11.00 am on Friday 28 September 2018 for Lingbogol and Rowallan

We ask all parents to be off site by 11.15 am.

### **Signing in at Camp**

On arrival Guides, will be directed to the sign-in area with all their gear. Accompanying adults will need to sign the Guides in and hand in health forms, medications, and health management plans.

## Departure

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Jamborella ends at 1.30 pm on Monday 24 September 2018 for Britannia Park.

Jamborella ends at 1.30 pm on Sunday 30 September 2018 for Lingbogol and Rowallan.

Departure should take place between 1.30 pm and 2.00 pm on this day.

**Adults MUST sign out any girls they are picking up.**

## Kit List

It is recommended that Guides do not wear their best clothes. Guides need to be dressed for the weather conditions and wear sturdy shoes. Guide uniform is not required. **Please remember to label all items, as this makes returning lost property so much easier!**

It is recommended that bags are packed with your Guide present, so that she knows where to find things in her bag. We suggest packing clothes in zip-lock bags labelled with each day of the week (e.g. Saturday, Sunday), and one labelled 'Spares'.

### In a small backpack Guides can carry by themselves...

Heath form, medication, care plan	To be handed in upon arrival at Jamborella
Waterproof jacket	<i>Must</i> be waterproof with a hood, and is recommended to be long enough to sit on
Small torch and spare batteries	
Water bottle	At least 600ml, and pre-filled with water
Notebook and small pencil case	With writing pens/pencils and coloured pencils
Personal sunscreen & insect repellent	Please no sprays/aerosols
A 'sit-upon'	A square of thick plastic bag or tarpaulin big enough to sit on while on the ground
A bucket hat OR soft hat with a brim	No baseball caps (not sun smart)
Book to read	OPTIONAL

### In a large bag Guides can carry or push by themselves...

Pillow	
Sleeping bag	
Fitted sheet	Single bed sheet for use on bunk beds
Blanket	Preferably wool (for fire safety reasons)
Inner sheet	OPTIONAL
Small teddy or toy	OPTIONAL
Towel	
Toothbrush and toothpaste	
Hairbrush and hair ties	As necessary. Hair at camp needs to be tied up.
Pull ups	If required. Girls need to be able to put their pull ups on and take them off independently.
Sanitary items	If required
Shorts/skirts (1 pair)	Please note: no short shorts
Long pants, jeans, or track suit pants (1 pair)	
T-shirts (3)	<i>Must</i> have sleeves, and collared is preferred
Warm jumper (2)	
Long-sleeved shirt/skivvy (2)	
Socks (4 pairs)	
Underpants (4 pairs)	
Beanie and/or scarf	For evening activities and cold weather
Spare pair of shoes	Gumboot/waterproof boots are appropriate
Slippers	
Dressing gown	OPTIONAL